

# Northern Virginia Alumnae Panhellenic Association

*Women Living the Panhellenic Spirit*



## *Inside this Issue:*

Meeting Schedule	2
GMU Pref.	2
Pres. Meeting	3
Website Launch	3

## Welcome to the 2009-2010 NVAPA Year!

I am honored to be serving this year as NVAPA's President. It is particularly fulfilling to serve such a dynamic and diverse organization that represents the best of alumnae Greek women. We have an educational, fun-filled and rewarding year planned. In addition to our regular monthly meetings, we're looking forward to our annual Little Theater of Alexandria play fundraiser evening scheduled for Tuesday, March 9, 2010.

We started off the year with an Executive Board meeting in early

July, followed by the annual Presidents' meeting on July 25<sup>th</sup>. Special *THANKS* to Jackie Suddarth, ΣΚ for making all the arrangements and to Sandra Kilburn, ΔΔΔ, for facilitating the discussion.

Over the coming year, one of my primary goals as President will be to find a new multi-dimensional charitable endeavor for NVAPA. With the help of the Community Service Committee, Chaired by Beth Jacobs, ΧΩ, we will be searching for an organization in Northern

Virginia that would benefit from NVAPA's time, talent and treasure. So whether you're interested in rolling up your sleeves and providing hands-on support, making financial contributions or donating usable goods to those in need, we're hoping to develop a long-term relationship with a local or national charity working in the area.

Please feel free to share with me your thoughts and ideas for NVAPA anytime throughout the year. Fraternaly yours, Sheila Consaul, ΠΒΦ

## First Fall General Meeting and Potluck Supper

As the summer comes to a close and the warm weather slowly disappears, come and kick off the start of a new season and a new chapter in the life of the NVAPA organization.

The first meeting of the year will be held on Wednesday, September 9, 2009. Social hour and dinner will begin at 6:30. Business meeting to follow.

The meeting will take place at the home of Carol Mooney (Alpha Sigma Tau) 5009 Dodson Avenue, Annandale, Virginia. 22003

Phone/Email: (703) 256-8004/CZM.VA75@cox.net

Co-hostesses for the first meeting will be: Alpha Chi Omega, Alpha Delta Pi and Alpha Gamma Delta. Co-hostesses will need to arrive early for set up and stay to clean up.

Each group should bring the following to the meeting:

Salad/Side Dish: ΑΧΩ, ΑΟΠ, ΑΣΤ, ΔΔΔ, ΚΑΘ, ΦΜ, ΦΣΣ, ΣΣΣ

Main Dish: ΑΓΔ, ΑΣΑ, ΧΩ, ΓΦΒ, ΚΚΓ, ΠΒΦ, ΣΚ, ΖΤΑ

Dessert: ΑΔΠ, ΑΦ, ΑΨΔ, ΔΓ

Drinks: ΚΔ

## 2009 FALL MEETING SCHEDULE



### October

Wednesday, October 7<sup>th</sup>  
General Meeting and  
Panhellenic Surprise  
7:00 p.m. Social Time ---  
7:30 p.m. Business  
Meeting and Program  
Location: TBD  
Co-Hostesses: Alpha  
Omicron Pi, Alpha Phi,  
Alpha Sigma Alpha

Focus of meeting will be  
on learning about a fellow  
fraternal member and/or  
their organization!

### November

Wednesday, Nov. 4<sup>th</sup>  
General Meeting and  
Stress Management  
Program  
7:00 p.m. Social Time ---  
7:30 p.m. Business  
Meeting and Program  
Location: Stone  
Croft Condominium  
Center, 4451 Fair Stone  
Drive, Fairfax, VA 22033  
Co-Hostesses: Chi  
Omega, Delta Delta Delta,  
Delta Gamma  
Guest Speaker TBD

### December

Wednesday, Dec. 2<sup>nd</sup>  
General Meeting and  
Holiday Party  
7:00 p.m. Social Time ---  
7:30 p.m. Business  
Meeting  
Location: Home of Marti  
Peter (ΑΣΤ)- 7710  
Huntsman Blvd.,  
Springfield, VA 22153  
Co-Hostesses: Gamma  
Phi Beta, Kappa Alpha  
Theta, Kappa Delta

---

*"The world would be so  
lonely, in sunny hours  
or gray. Without the gift  
of friendship, to help us  
every day."*

- Hilda Brett Farr

## GEORGE MASON UNIVERSITY PREFERENCE SIGNING

**Volunteers Needed:** Are  
you interested in assisting  
the George Mason  
College Panhellenic with  
Preference Signing in  
September? If so, please  
contact Carol Mooney at  
[czm.va75@cox.net](mailto:czm.va75@cox.net)  
no later than August 31. We  
are looking for  
approximately 15  
volunteers from our  
Panhellenic groups.  
Please remember – if you  
are a member of Alpha

Phi, Alpha Omicron Pi,  
Zeta Tau Alpha, Gamma  
Phi Beta, Alpha Xi Delta  
or Chi Omega we cannot,  
unfortunately, participate.

The date is Sunday,  
September 13 during the  
afternoon for about 3  
hours. If you are  
interested in helping as an  
alumna, please let Carol  
know. More detailed  
information will be  
available to the volunteers  
as soon as the list is  
compiled. Everyone who

has volunteered in the  
past has enjoyed meeting  
the Potential New  
Members as they end  
their recruitment week and  
begin the next chapter in  
finding Panhellenic  
Sisterhood! Please join us  
and ask your sisters to  
volunteer!

Thank you in advance for  
volunteering.



## DUES ARE DUE

Annual Dues for  
Membership in the  
NVAPA is \$45. To be  
a member in good  
standing, each  
sorority must pay  
their annual dues by  
November.

If at all possible  
please bring your  
dues payments (\$45)  
to the September  
meeting. Carol  
Mooney, our  
Treasurer will not be  
able to attend the

October meeting so  
checks will not be  
collected at that  
meeting. Checks  
should be made out  
to NVAPA. Thanks in  
advance for your  
cooperation.

## NVAPA Presidents' Meeting and Round Table

The Annual NVAPA Presidents' Meeting was held on Saturday, July 25, 2009 at the Fairfax City Regional Library. We had a wonderful turnout this year. Out of the 21 alumnae groups who are apart of NVAPA, 17 groups had Presidents or Delegates present at the meeting. The meeting began with a short social time and quickly moved onto business. Sandra Kilburn, Delta Delta Delta, started the meeting by reviewing the results of a survey

from Survey Monkey that had been completed by the Presidents and Delegates prior to the meeting. The Survey helped to provide a greater understanding of how each group reaches out to potential members, keeps members, and pinpointed reasons why a group loses membership. The survey helped to jump start the meeting which focused on the topic of membership recruitment and retention. The

meeting was extremely informative and thought provoking. While time ran short and the attendees were not able to discuss all of the agenda topics, many excellent ideas were shared on the topic of membership. A complete summary of the meeting and a short evaluation of the program will be sent to each President and Delegate via e-mail later in the month of August. We will be looking forward to another exciting Round Table



## NVAPA LAUNCHES NEW WEBSITE: [www.nvapa.com](http://www.nvapa.com)

NVAPA is pleased to announce the launch of our new and improved web site. The new website promises to be more user friendly and will put all of NVAPA's current and archived information right at our members' fingertips.

The website will list the schedule of monthly meetings and a calendar or upcoming events. All of the current officers will be listed with a link to each officer's email to make communication easier and

more efficient.

The website will also have links to information on our scholarships and Alumnae of the Year awards with links to the application forms.

There will also be links to each member sorority's national and local organization website. There will also be links to NPC information.

Also new this year will be a monthly e-newsletter in addition to the newsletter that is mailed out twice a

year. The newsletters will be posted on the website as well. We hope that these changes will make getting information to our members faster and easier.

A huge thanks to our webmaster Kristin Walker, Alpha Sigma Tau, for her dedication and talents in designing and launching our new website.

We hope everyone enjoys the new site and feel free to email any feedback to our webmaster.



## NVAPA

P.O. Box 2701  
Merrifield, Virginia 22116

WWW.NVAPA.COM

E-MAIL:  
correspondingsecretary@  
nvapa.com

---

We're on the Web!

See us at:

[www.nvapa.com](http://www.nvapa.com)

## UPCOMING EVENTS AND NOTICES

September 7, 2009 @ 7:30 pm: First Meeting and Pot Luck Supper  
5009 Dodson Drive, Annandale, Virginia 22003

September 13, 2009 George Mason Recruitment Preference Signing

### Please Bring Dues to the September Meeting

If you would like to publicise an event sponsored by your organization or if you would like to make any special announcement or recognize a member for a special achievement please send the details to Heather Jenquine, KΔ, at [correspondingsecretary.nvapa@gmail.com](mailto:correspondingsecretary.nvapa@gmail.com) and we'll put it in the next monthly newsletter.

### *About Our Organization...*

NVAPA promotes intrafraternity friendship and collaboration; publicizes the high ideals, purpose and accomplishments of the fraternity system;

stimulates the interest and participation of alumnae members of NPC fraternities; cooperates with colleges and college panhellenics and alumnae panhellenic in adjacent

areas; and furthers interest in community service, philanthropic efforts and higher education.

## NVAPA

P.O. Box 2701  
Merrifield, VA 22116

**COMPANY NAME**  
**STREET ADDRESS**  
**CITY, ST 22134**